

# Knee Deep

## Forgive us as... | Week 8

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"Forgive us as we forgive those who sin against us." It may be one of the hardest things Jesus teaches to pray. Yet in it an approach to God and life is unearthed. This week focuses on the implications of this phrase.

### THIS WEEK

**Memorize:** [Psalm 23:5a](#)

*You prepare a table before me in the presence of my enemies.*

### This Week's Action Step

Spend 10 minutes each weekday in a place of solitude. Read a Bible passage. Be still in God's presence. Pray using the Lord's Prayer to guide you. Journal your thoughts and prayers. List the things you're asking for. Review each day what you wrote the days before. Mark when and how God answers it. This week, adopt a prayer posture of humility. Pray prostrate, bowed, or on your knees.

## MONDAY

1. In Matthew's version, Jesus tells us to pray "Forgive us our debts (sins) **as** we forgive those who owe (have sinned against) us." Luke's version reads, "Forgive us our sins **because** we forgive those who owe (sin against) us." Discuss the different nuance between the two.
2. What issues (if any) do you have with praying this? Can you pray either with integrity? What issues? What challenges?
3. If you could rewrite this, how would you prefer Jesus to have said it?

**Read:** Matthew 18

## TUESDAY

1. As the phrase goes, we pray to God: Forgive us our debts... that which we owe you. Thinking about this as an obligation, what debts do you owe God that you want released?
2. If you knew God would forgive you of whatever you asked, what would you ask him to forgive?
3. Older translations use the word "trespasses." What lines has God set up that you have trespassed?

**Read:** Psalm 29

## WEDNESDAY

1. We have complete total forgiveness before God because Jesus died on the cross to pay our sin debts. What struggles do you have accepting this?
2. Do you think you need to ask God in order to be forgiven? If so, why? If not, why then do you ask?
3. How do you embrace God's forgiveness when you don't feel forgiven?

**Read:** Psalm 30

## THURSDAY

1. Recount a time you hurt (or were hurt by) someone close to you. Talk about the emotions and struggles involved.
2. When do the words "I'm sorry" ring hollow? When do you wonder if they ring hollow with God?

**Read:** Psalm 31

## FRIDAY

1. What are the benefits of forgiving others? Struggles? In what ways does your forgiveness pattern of others reflect your own appropriation of it?
2. What is a step you can take in forgiving someone today?

**Read:** Psalm 32