

# Knee Deep

## Give us this day... | Week 7

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Each phrase of the Lord's Prayer encapsulates a worldview. In a redundant sort of way, Jesus invites us to pray, "Give us today our bread for this day." This week explores its implications.

### THIS WEEK

#### Memorize: [Psalm 23:4](#)

*Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.*

#### This Week's Action Step

Spend 10 minutes each weekday in a place of solitude. Read a Bible passage. Be still in God's presence. Pray using the Lord's Prayer to guide you. Journal your thoughts and prayers. This week, list the things you're asking for. Review each day what you wrote the days before. Mark when and how God answers it.

### MONDAY

1. Jesus uses the word "bread" to refer to all of our needs. Quickly list the things you need.
2. Now quickly list the things you want.
3. List ways you've seen or experienced God provide both.

**Read:** Matt 6

### TUESDAY

1. How much of your time and effort is driven by acquiring your needs?
2. How much of your time and effort is driven by acquiring your wants?
3. How would your life be different if you only focused on needs for today? What you like and dislike about that shift?

**Read:** Psalm 25

### WEDNESDAY

1. Read Proverbs 30:7-9. Discuss a time you found yourself at either end of the spectrum.
2. Psalm 23 talks about God leading us to green pastures. Pastor Dave showed two pictures on Sunday in reference to this. Which is more accurate to what God is now giving you?

**Read:** Psalm 26

### THURSDAY

1. Our whole life we're taught to plan and save. But this prayer asks us to rely on God for today. What is an appropriate and God-honoring way to prepare and save for the future? A dishonoring way?
2. Pastor Dave showed two pictures, one of mighty Atlas buckling under the weight of the world, and another of the Christ child calmly holding the world in his hands. Which is more reflective of you? Who do you tend to trust more?

**Read:** Psalm 27

### FRIDAY

1. Recount a time God provided despite circumstances. Was there ever a time he didn't? If so, in what way?
2. In Matthew 6:33, Jesus tell us to seek first his kingdom, and all these things will be given to you as well. The "you" is plural. Acts 2:44-46 gives a picture of how the early Christians became God's answer to "give us this day our daily bread." What is a way you can do the same?

**Read:** Psalm 28